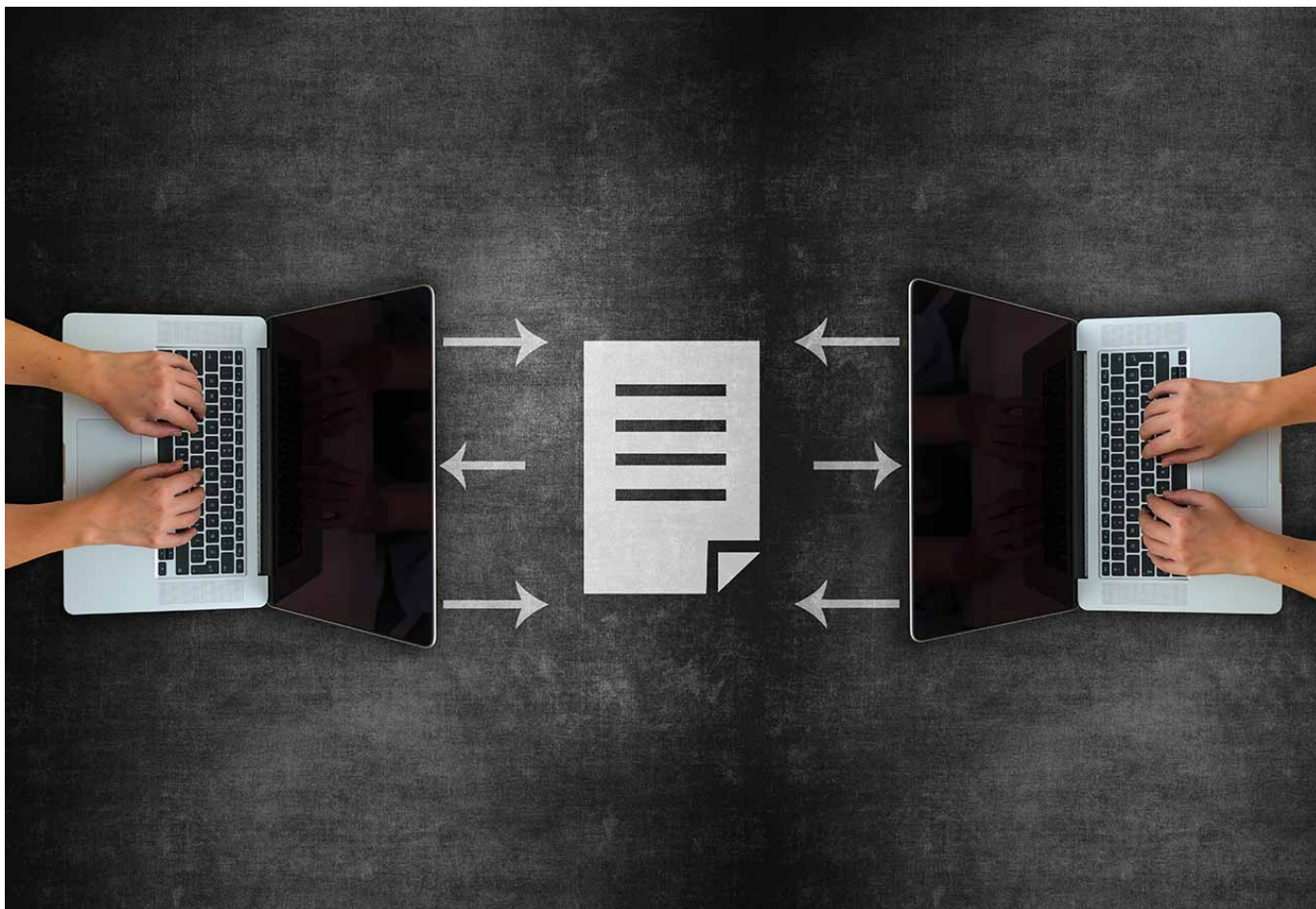# File-Sharing Tools

Easily and securely share and store documents and data with our file-sharing tools. These tools streamline research and other work for NIH staff, researchers, and external collaborators. You must have an NIH network connection or NIH-managed device to upload files to share with people outside of NIH.

OFFERINGS

OneDrive

OneDrive is your tool to store and synchronize files across multiple devices. Start a document on your computer, save it to OneDrive, and continue to work on it from somewhere else, even when you are offline.

SharePoint Online

SharePoint lets you share and work on documents at the same time with colleagues across NIH. SharePoint Online can be the tool you use to share information with large groups of internal and external collaborators.

Box

Box is a cloud-based tool that adds additional capabilities when working with external collaborators.

Microsoft Teams

Using chat, voice, and video, Microsoft Teams connects with other file sharing tools to improve the ability to collaborate with colleagues and teammates.

Communication Tools for the Deaf & Hard of Hearing

NexTalk, Video Relay Service (VRS), and Accessaphone reduce communication barriers and enable individuals who are deaf or hard of hearing to enjoy improved access to communication.

CONTACT

[NIH IT Service Desk](#)